



THALGO
MARINE



THALGO MARINE

FACIAL TREATMENTS

Wrinkle Control Modeling Treatment

A professional smoothing treatment used in combination with a mineral powder self heating mask which offers smoothing effect after just one treatment.

Native Marine Collagen

A unique treatment using collagen fibres to moisturize & revitalize diminishing wrinkles.

Perfect Contour Thalgogive Firming Facial

A luxurious facial treatment - featuring Marine Pro-Collagen and developed by THALGO to give dull, mature skins dramatic firming, tightening and lifting effects. This facial will restructure the skin giving spectacular definition to facial contours.

Seve Marine Absolute Hydration

For extremely dehydrated or sun damaged skin. Skin is intensely re-moisturised and appearance of fine lines diminished.

Seve Marine Hydra-moisture Source Treatment

For seasonally dehydrated skin. Skin is re-moisturised and replenished, left feeling more supple and smoother.

Cold Marine

Smoothes and relaxes prematurely ageing skin. Also ideal to combat sensitivity.

Aromatherapy

Personalised treatment for all skin types with a unique blend of essential oils.

Micronized Marine Algae

Eliminates impurities leaving the skin clear and soft.

Thalgoderm

Enables the acne sufferer to regain a clear, healthy skin.

Classical Facial

An ideal facial adapted for each skin types and age groups.

THALGO EYE TREATMENTS

Collagen

Smoothes and relaxes the delicate eye contours.

Gelatin Verbena

Intensive treatment for dehydration lines, congestion, puffiness and dark circles. Has a lifting effect.

TREATMENTS FOR MEN

Although all treatments are unisex the following treatments have been developed for the modern man who understands the need to take care of his skin.

Ocean

Algue Bleue Vitale™ and Bamboo extracts combine to give an anti-ageing, anti-fatigue and energizing facial specially for men.

Ocean Classic

Express cleaning for a refreshed complexion.

BODY TREATMENTS

Marine Prelude

Ultra exfoliating combining natural sea salts and marine mud, followed by a massage with specific essential oils to leave the body smooth, detoxified and relaxed.

Aromaceane

Ultra relaxing and cleansing treatment combining marine mud with specific essential oils, aids the release of muscle tension and water retention.

Micronised Marine Algae Wrap

Slimming and toning whilst reducing fluid retention, fatty deposits and toxins.

Toning Body Wrap

Mineralising and detoxifying. Reduces fatty deposits leaving skin toned and supple.

Frigi wrap

A cold treatment effective on cellulite, heavy tired legs and bloatedness.

Slim & Sculpt

Tailor-made, 'haute couture' treatment that offers an anti-cellulite and firming solution. This original sculpting treatment is performed with a specific rhythm, depth and intensity. A polysensory experience with immediate efficiency due to the slimming cocoa extracts, firming marine pro-collagen and toning ginger sensation.

Two in One

The micronised marine algae wrap is used in combination with the toning or frigi wrap for optimum results.

HYDROTHERAPY

Aromaceane Detox Hydrobath

The combination of Wintergreen, basil, carrot and cabreuva essential oils combined with de-ionising seaweed extracts helps eliminate excess water retention, leaving skin soft and supple.



Aromaceane Relax Hydrobath

This luxurious blend of lavender, magnolia, rose ,camomile and neroli relaxes and gives the sensation of total well-being.

Aromaceane Slender Hydrobath

Juniper, Moroccan cedar, spearmint and cardamom combined with de-ionising seaweed extracts helps activate break-down of fatty tissue.

Aroma-Vitality Hydrobath

Tones and helps combat fatigue. Drawing from the up-lifting benefits of sylvester pine, peppermint, hyssop and rosemary and assisted by the jets of our hydrobath.

THALGO PACKAGES

FOR YOUR EYES ONLY

One Day Package

- 1 Intensive eye contour treatment
- 1 Eyebrow and eyelash tint
- 1 Eyebrow shaping

The windows of our soul deserve this special treat.
Here's looking at you kid!

HIS & HERS

One Day Package

- 2 Back and neck massages
- 2 Hammam and sauna
- 2 Jacuzzi

Perfect relaxation for both of you!

TEEN DREAM

One Day Package

- 1 Classical Facial
- 1 Back & neck massage
- 1 Sauna and hamam

A perfect introduction to relaxation and skin care. Over 19's also allowed!

TOP TO TOE

One Day Package

- 1 Classical facial
- 1 Toning body wrap
- 1 Pedicure

Feel good factor for the whole body!

YOUTHFUL RADIANCE

Two Day Package

- 1 Native marine collagen facial
- 1 Intensive eye contour treatment
- 1 Revitalising hand and nail treatment
- 1 Luxury pedicure
- 1 Aromaceane relax hydrobath

Because you are as young as you feel! Native marine collagen facial is a unique treatment using collagen fibers to moisturize and revitalize diminishing wrinkles - complemented by the intensive eye treatment to smooth and relax the delicate eye contours. Warm paraffin enhanced with peach extracts work wonders to soften hands and feet while the truly luxurious blend of lavender, magnolia, rose, camomile and neroli, combined with the jets of our hydrobath relaxes and gives the sensation of total well-being.

A DREAM OF A DETOX

Three Day Package

- 1 Micronised marine algae facial**
- 1 Body polish**
- 1 Micronised marine algae body wrap**
- 1 30 minutes Swedish body massage**
- 1 Aromaceane Detox Hydrobath**
- 2 Sauna and hamam**

Because we all need to cleanse our body and soul from time to time! Relax in our sauna and hamam before moving on to our hydrobath where the exclusive blend of seaweed extracts, wintergreen and basil helps to eliminate excess water retention. A 30 minute massage to stimulate circulation and lymphatic drainage complete your first day. Our deep cleansing patented micronised marine algae facial will help to eliminate impurities while the luxurious salt crystal body polish and micronised marine algae wrap is both slimming and toning.

REVITALISATION REALITY

Five Day Package

- 1 Seve marine rehydrating facial**
- 1 Body polish**
- 1 Micronised marine algae body wrap**
- 1 Slim and sculpt body wrap**
- 1 Thalgo vitality hydrobath**
- 2 30minutes Swedish massages**
- 2 Sauna, hamam and jacuzzi**

Emerge a new you! The relaxation process begins in our sauna, hamam and jacuzzi after which a massage will ease your stress and strain. A luxurious salt crystal body polish to smooth the way to a longer lasting tan is followed by the patented micronised marine algae wrap assisting both slimming and toning. Seve marine facial is both moisturizing and rejuvenating for tired, dehydrated skins. Repeat our sauna, hamam and jacuzzi with massage to follow our last day offers Aromaceane vitality hydrobath which tones and helps combat fatigue, drawing from the up-lifting benefits of sylvester pine, peppermint, hyssop and rosemary and finally, "Slim & Sculpt", a tailor-made "haute couture" treatment that offers an anti-cellulite and firming solution. This original sculpting treatment is performed with a specific rhythm, depth and intensity. A polysensory experience with immediate efficiency due to the slimming cocoa extracts, firming marine pro-collagen and toning ginger sensation.

THALGO
MARINE

A close-up photograph of a person's back being treated with a yellow scrub. A hand is shown applying the scrub to the skin, while another hand holds a small amount of the scrub. The background is blurred, showing more of the scrub and the person's back. The overall tone is warm and natural.

DECLÉOR



DECLÉOR

DECLÉOR AROMATIC MASSAGE IN FOUR THEMES

Relax Aromassage

Complete and total relaxation of mind, body and soul.
Utterly relaxing strokes combined with specific movements that soothe the body into instant well-being.

Flow Aromassage

Extremely invigorating and stimulating massage, to boost blood circulation, improves energy flow and eases tight and aching muscles.

Detox Aromassage

A massage that offers effective draining action, to target and combat fatty areas, refining overall skin texture.

Tonic Aromassage

Truly toning and revitalizing motions to help smooth and firm the skin.

DECLÉOR AROMA BODY ENVELOPMENTS

Aroma Relax Body Envelopment

The divine sensation of cream mask.
A soft and warm cocoon like wrap that makes the body feel good and relaxed.

Aroma Flow Body Envelopment

A unique treatment exclusive to Decléor. A friction massage using a plant-based powder, followed by a body wrap to boost blood circulation and improve cutaneous exchanges. Extremely energizing.

Aroma Detox Body Envelopment

The beneficial action of an algae mask to refine the body by draining away toxins as well as fat and water build-up. The ultimate refining treatment.

Aroma Tonic Body Envelopment

The gentle comfort of a rich cream mask bursting with hydrating, firming and anti-wrinkle agents, leaving skin visibly toned and youthful: the youthful treatment.

DECLÉOR AROMATIC LOCALISED TREATMENTS

Relax

to relax, unwind and feel good:

- Tranquillity (Scalp treatment)
- Aroma Back Relief

Flow

to activate and stimulate blood circulation:

- Perfect Legs
- Aroma Flow



Detox

to detoxify, drain and refine the body:

- Perfect Contour Anti - Cellulite
- Purifying Back Treatment

Tonic

to tone and firm specific areas of the body:

- Perfect Bust

DECLÉOR HYDROTHERAPY TREATMENTS

Aquaroma Programme

Water treatments are an age-old tradition. Today, hydrotherapy remains at the heart of Spa expertise: water provides immediate, visible results, notably in terms of well-being and relaxation. In this context, Decléor decided to develop Aquaroma, a programme with 100% original treatments that combine the benefits of water flow, essential oils and algae in 4 treatment categories:

Relax, Flow, Detox And Tonic

Aquaroma Relax Hydrotherapy Bath

De-stress, Unwind

Aquaroma Flow Hydrotherapy Bath

Activate, Stimulate Circulation

Aquaroma Detox Hydrotherapy Bath

Detoxify, Drain

Aquaroma Tonic Hydrotherapy Bath

Firm, Regenerate

DECLÉOR AROMA SKIN CARE TREATMENTS

Aromaplasty

Treatment for all skin types. It is at 100 % natural multi-active decongesting care treatment. Made of a cocktail of vitamins, mainly vitamin E and proteins, offers hydrating anti-ageing, anti-oxidant, anti-inflammatory, healing properties, and improves microcirculation. It is recommended as the first step in Decléor facial programmes.

FACIAL INTEGRAL TREATMENTS

Nutrivital

for dry skin

Oxygenating

for combination and oily skin

Revitalising

for mature skin

Harmony

for sensitive skin



SPECIFIC FACIAL TREATMENTS

Regulating

For combination and oily skin. It helps to regulate and absorb excess sebum. It oxygenates the skin and restores a radiant complexion. The complexion becomes more luminous and fresher, the pores close up, and the skin's texture is refined.

Nutri Soin

For dry, dehydrated skin. Nutri Soin is a dual action treatment, which nourishes and hydrates thanks to the action of a pro-liposome solution associated with a hydrating solution. It restores a smooth appearance on very dry skin. Wrinkles and fine lines are "plumped out" and the epidermis is visibly refreshed.

Harmonie Extreme

For very sensitive and reactive skin. It smoothes and calms the epidermis giving immediate comfort results. It normalizes tolerance levels and combats redness. The soothing action quickly rebalances the skin and restores smoothness and comfort.

Evidence

For mature skin. It produces excellent results as an anti-ageing treatment and helps to slow down the appearance of fine lines and wrinkles. It restores a smooth, young and rested appearance to the skin and a radiant complexion, thanks to the combination of marine algae rich in minerals, essential oils and plant extracts.

ADDITIONAL TREATMENTS

Vital Eyes

It helps to combat bags and dark circles due to tiredness. It drains and removes puffiness.

Alpha + Treatment

Suitable for all skin types especially for dull complexions, it erases fine lines and wrinkles. It is an excellent surface micro exfoliation treatment that helps the skin look even more radiant and softer.

Treatment For Hands And Nails

A hand treatment, with or without a manicure, is the perfect solution for anyone who has dry, cracked hands or brittle nails. This treatment hydrates and softens rough skin, strengthens the nails and prevents the appearance of liver spots.

Sunrise

This exclusive treatment for both face & body prepares the skin to increase and prolong the intensity of your tan without excessive sun exposure. The application of self-tan promotes the skin pigmentation process giving you a golden glow.

Sunset

A luxury treatment for both face & body to soothe skin after sun exposure. This treatment has been designed to soothe and relieve burning sensations caused by the sun. It repairs the skin effectively, hydrating to help prevent early peeling. The combination of essential oils assists in improving the cells natural defence system following sun exposure.

TREATMENTS FOR MEN

Although all treatments are unisex the following treatments have been developed for the modern man who understands to need to take care of his skin.



Skin Fitness Essential

Express Cleaning Treatment.

Skin Fitness Expert

Deep Energizing Treatment.

DECLÉOR PACKAGES

BANISH THE BUMPS

One Day Package

- 1 Aquaroma detox hydrotherapy bath
- 1 Aroma detox body envelopment
- 1 Sauna and hamam

Detoxifying programme to combat cellulite, drain and refine your body.

MOTHERS TO BE

One Day Package

- 1 Sculptural (localized treatment)
- 1 Perfect legs
- 1 Scalp massage and vital eyes

Carefully designed for expectant mums to aid relaxation and skin tonicity at this special time.

UNWIND

One Day Package

- 1 Aquaroma flow hydrotherapy bath
- 1 Aroma relax body envelopment
- 1 Scalp massage

Total relaxation to counteract the effects of stress. Perfect start to a relaxing holiday!

TURN BACK THE CLOCK

One Day Package

- 1 Evidence facial
- 1 Hand and nail treatment
- 1 Scalp massage and vital eyes

For mature skin, an anti-ageing treatment for face, eyes and hands.

ENERGISING EUPHORIA

Two Day Package

- 1 Aquaroma flow hydrotherapy bath
- 1 Aroma flow body envelopment
 - 1 flow aromassage
- 1 Vital eyes and scalp massage
- 2 Sauna and hamam

Because we all need to re-charge our batteries! Drawing on the energising properties of the Decléor Aroma flow range is perfect for the weary traveller. Sauna and hamam begin each day. Aroma flow hydrobath to stimulate the circulation and the unique aroma flow envelopment with friction massage using a plant based powder to improve cutaneous exchange while invigorating flow aromassage to revitalize and signature scalp massage to relax. Vital eyes to help combat bags and dark circles so you not only feel but look better too!



TOTAL TONING

Three Day Package

- 2 Tonic hydrotherapy bath**
- 1 Perfect bust or abdomen/thighs**
- 1 Aquaroma tonic Vichy shower**
 - 1 Tonic aromassage**
- 1 Aroma tonic body envelopment**
- 2 Sauna and hamam**

Because our bodies need a little help from time to time! Relax in our sauna and hamam before moving on to our Aquaroma tonic hydrobath to firm and regenerate. Choose from perfect bust or abdomen/thighs. Vichy shower for pure escapism and tonic aromassage using truly toning and revitalizing movements. Aroma tonic body envelopment for hydrating and firming for skin that is visibly toned and youthful.

LAVISH LUXURY

Five Day Package

- 1 Relax aromassage**
- 1 Scalp massage and vital eyes**
- 1 Harmonie extreme facial treatment**
 - 1 Perfect legs**
- 1 Aquaroma detox Vichy shower**
 - 1 Perfect contour**
 - 1 Tonic hydrobath**
- 1 Perfect bust or abdomen/thighs**
- 1 Relax hydrotherapy bath**
- 1 Revitalising aromaplasty**
- 2 Sauna and hamam**

For the ultimate in pampering! The relaxation process begins in our sauna, hamam after which relax aromassage coupled with scalp massage and vital eyes will ease your stress and strain. Harmonie extreme facial to smooth and calm the skin giving immediate results and perfect legs for weary limbs. Aquaroma detox Vichy shower to combat water retention and toxins and perfect contour for a svelte silhouette. "Tonic" hydrobath to firm and regenerate and your choice of perfect bust or abdomen/thighs. Relax hydrobath for de-stressing and unwinding and aromaplasty facial-perfect for all skins with its exclusive cocktail of vitamins and proteins.

A woman with her eyes closed is lying on her side on a white massage table. Her back is to the camera, and several dark, smooth hot stones are placed along her spine. The background is a bright window with a grid pattern. A semi-transparent pink square with a white border is centered over the woman's back, containing the text 'GERMAINE DE CAPUCCINI'.

GERMAINE
DE
CAPUCCINI

GERMAINE DE CAPUCCINI

SPA TREATMENTS

Pamper your body and relax your mind in the Spa with holistic treatments that combine the power of the sea, the riches of plants and massage techniques that draw their inspiration from ancient cultures with thalassotherapy, algae therapy, mud therapy, aromatherapy, stone and music therapy. That is why all treatments have taken their names from Greek Mythology.

ZEUS' CROWN (M)

Head & shoulders massage treatment for men. Enjoy an uplifting & relaxing head and shoulder Tui Na head & shoulder massage. It relieves stress, headaches & cramps.

HERA'S CROWN (F)

Head & shoulders therapeutic massage for ladies.
Enjoy a divine stress - relief, relaxing and re-balancing Tui Na head & shoulder massage.

THE KRINAIA & POTAMEIDES

(Nymphs of fountains & Nymphs of rivers & streams)

Holistic body massage treatment. Revitalize yourself with this holistic aromatic sea crystal massage therapy, offering a zest for life.

THE NEREIDES

(Nymphs of the Sea)

Re-shaping and re-sculpting massage treatment wrap. Enjoy a detoxifying re-shaping treatment through a blissful aromatic spa marine powder massage and wrap.

APOLLO AND/OR DAPHNE

(God of the Hunt and his sacred Laurel Tree)

Firming and toning massage treatment. Pamper your body into firmness and tone your muscles with a luxurious aromatic massage treatment.

ARETHUSA AND/OR ALTHEAS

(Eternal Lovers, destined to flow together)

Circulatory anti-stress massage treatment. Take advantage of this powerfully effective, tenderly relaxing massage with hot/cold sensation which gives you a feeling of lightness, by invigorating the circulation.

AURORA AND/OR HELIOS

(Goddess of the Dawn and God of the Sun)

Detoxify and re-embellish!! Experience this exceptionally luxurious either four or two hands hot and cold massage therapy.
Feel exhilarated and renewed with our unique irreplaceably relaxing either four or two hand massage experience.

THE OCEANIDES

(Nymphs of the Ocean, daughters of Ocean and Tethys)

Treat and prepare yourself for a golden tan
with a re-mineralizing full body massage treatment.

THE HESPERIDES

(Goddesses of the sunset who took care of the Tree of the Golden Apples)

Golden tan aromatic sea body polish.
Establish your golden tan, re-embellish your body
with a delightful sea & aromatic massage. A silk and satin after-sun!

PANDORA

(The first woman on the earth)

Maximum innovation in the Spa: Chocolate with anti-cellulite effect.
An essential source of beauty and well-being.

DIONYSOS

(God of wine, agriculture, and fertility of nature)

The anti-aging cure in a luxurious wrap.
All the benefits of the wine therapy concentrated in the exclusive Spa Marine red grape wrap.

LEUCOTHEO

(The White Goddess)

A true milk bath that thanks to the air bubbles in the water
becomes a silky mousse that transports you to a world of sensations.



MASSAGE
& HOLISTIC
THERAPIES

MASSAGE & HOLISTIC THERAPIES

Aromatherapy

A therapy that its history can be found in ancient Greece. Using essential oils specifically blended by the therapist to the individual needs of the guest, a gentle, flowing relaxing full body massage that combines the healing power of herbs and touch.
The perfect therapy to leave your body and mind soothed and tranquil.

Indian Head Massage

The westernised version of Indian head massage involves massaging the shoulders, neck, head and face. This treatment is especially good for stress, eye strain, migraines, tension and concentration.

Reiki

Reiki is an ancient healing art. In Japanese rei means universal and ki means life force or energy.

Reiki is pure energy which is channelled through the healer to the client.

Reiki is a powerful yet gentle form of hands on healing. It releases stress, boosts energy, induces relaxation and can heal physical problems.

Reiki works on all levels - spiritual, mental, emotional and physical. It is an excellent therapy for all ailments. There is no need to undress as Reiki will work through clothes.

Reflexology

Reflexology was practiced in ancient Egypt. Since then it has progressed from country to country where people have learned of its benefits. The theory behind reflex is that the body is mirrored onto the feet, and by working on the feet it can release tension and stress which have built up in the body, therefore balancing the body as a whole. Reflex can help circulation, assisting the healing process, releasing stress and revitalises as it creates endorphins (feel good hormones).

Scalp Massage

This therapy begins with therapeutic essential oils being applied to your shoulders, hair and scalp.

It is followed by a massage starting on your shoulders, neck and then your scalp.

The therapy is finished by wrapping a hot towel around the hair allowing all the oils to penetrate the scalp. Massage movements from around the world have been incorporated to make this a deeply soothing and relaxing experience that will help to release tension.

It will leave you with a feeling of ultimate relaxation.

Shiatsu

Tien Chen Shiatsu originates from China. The therapist uses fingers, thumbs, knuckles and the palms of the hands gently on over 600 pressure points of the body which stimulates and removes blockages in the meridians (energy lines) of the body. This therapy is especially good for stress, tension, general ailments and relaxation. This treatment takes place on a therapy couch, please wear light casual clothing.

Sports Massage

This style of massage focuses on the physical strain, knots, scar tissue that can build up in the body over time due to tension, lifestyle, sports or an injury. It is excellent in helping to break down these problems. It can be done on the whole body but generally specific areas only are treated. As well as massage movements, stretches can also be incorporated if needed.

Swedish Massage

An invigorating massage which improves muscular fatigue, whilst stimulating general circulation and lymphatic drainage.

HEALTH AND BODY TRAINING

Yoga

Yoga helps to pacify the mind, it uses physical health and well being to achieve inner balance and spiritual awareness. The breathing technique which is a major part of yoga helps the body and mind to be calmed and soothe.

Pilates

A focal point of the Pilates technique is the firming and strengthening of the stabiliser muscles of the abdomen and lower back whilst keeping them stretched and supple. An excellent form of exercise to strengthen and tone the muscles by working on the core stability of the body.

Personal training

Personal training takes place on an individual basis, where our personal trainers will give you a tailor-made program based on your individual needs and aims. That will help you in achieving your short and long term fitness goals. Personal training can be done in the form of a gym program, aerobic activities or fitness ball classes, we offer a wide range of fitness activities for you to choose from.



FINISHING
TOUCHES



FINISHING TOUCHES

MAKE UP

Wedding Make up (including a trial)
Day or Evening Make up

EYE TREATMENTS

Eyelash Tint & Eyebrow Tint or Shaping
Eyelash Tint
Eyebrow Tint
Eyebrow Shaping

HANDS & FEET

Revitalizing hand & nail treatment
Pedicure
Manicure
French Manicure
Gent's Manicure
Revarnish
French Re-varnish

EPILATION

Full leg wax
Half leg wax
Bikini
Underarms
Upper Lip

BODY CARE

Dead Sea salt peeling with essentials oil
The use of salt crystals exfoliate the dead cells purifying the pores
as the essential oils deeply moisturize,
leaving your skin silky and ready for a longer lasting tan
(back)
(full body)

SPA FACILITIES

Sauna & Hamam
Jacuzzi
Jacuzzi for 2

SPA & HAIR PACKAGES

FINISHING
TOUCHES

HOLIDAY MAKE OVER

- Shampoo & Blow Dry**
- One Day or Evening make up**
- One Manicure**
- One pedicure**
- Eyebrow Shaping**

Who's that girl? Having groomed your head, hands and feet, shaped your brows to frame your eyes perfectly, our expert beautician will create a new make-up look so you can go home a whole new you !!

HEAD TO TOE

- Shampoo & Blow Dry**
- One Classical Facial**
- One Manicure**
- One Pedicure**

Classic Grooming. Look a million dollars with beautiful look hair and perfectly manicured hands & feet.

Our classical facial can be adapted to suit every skin type, leaving a healthier complexion.

HERE COMES THE BRIDE

- Manicure**
- Pedicure**
- Wedding make-up (includes one trial)**
- Bridal hair creation (includes one trial)**

A special you for your Special day! No need to worry about nerves our expert therapist will make sure you have perfect hands and feet while a trial for both hair and make-up ensures everything will be as you dreamed it would. Congratulations !

THE ULTIMATE PACKAGE

- Shampoo & Blow Dry**
- One Classical Facial**
- One Manicure**
- One Pedicure**
- One Dead Sea mud wrap**
- One Full Body Massage 45' min**

Pure luxury. A whole day of pampering. Peeling followed by a rich mineral mud to minimise fluid retention and toxins coupled with a full body massage to aid muscle fatigue and general circulation.

Move on with a facial adapted for each skin type, shampoo and blow dry to turn heads and manicure/pedicure for perfect hands and feet.

You know you're worth it!

A woman with her hair in a bun, wrapped in a white towel, looking down thoughtfully. The background is a soft-focus outdoor setting with greenery and a bright light source. A semi-transparent grey box with a white border is centered over her shoulder, containing the text "SPA ETIQUETTE".

SPA
ETIQUETTE



SPA ETIQUETTE

Reservations

To avoid disappointment we recommend scheduling your chosen treatments in advance. All prices are subject to change without prior notification. We will request a credit card number to guarantee reservations if you are not staying as a guest in the hotel.

Arrival Time

Prior to your first treatment please arrive 5 minutes early as you will be requested to complete our spa consultation in order for us to provide you with the most suitable treatment for you.

Treatment Information

It is important that you disclose any particular injury or condition you may have and explain this to your therapist. We may suggest appropriate adjustments to the therapy for your comfort and relaxation.

For face and body treatments you will be required to remove all jewellery and clothing, leaving only your underwear. For some treatments your therapist will provide you with a disposable slip.

During treatments it is important that you let your therapist know if you feel at all uncomfortable, too warm or cold, if their pressure is too light or firm.

Conversation during a treatment is entirely optional. Your therapist will take her cue from you, should you maintain silence then she will too. However please feel free to ask any questions you may have at any time.

Facilities

For sauna and hamam swimwear is optional although you must take a towel with you for modesty. At all other times we request you respect fellow guests and cover yourself in corridors and relaxation room.

Please respect fellow spa users and keep conversation level low.

Gift Vouchers

An ideal present. Gift Vouchers are available for any Treatment, Programme or Product. Gift Vouchers are non-refundable and must be presented at the time of treatment.

Service Charge

No service charge or gratuity is added to your bill; they are of course appreciated and left at your own discretion, as a reflection of service quality.

Mobile Phones

Armonia Spa is a haven of relaxation therefore should remain free from the stress and worry of the day.

For this reason we kindly advise that mobile phones are not permitted.



Personal Belongings

The Hotel cannot accept responsibility for any loss of valuables left in the Spa area nor can it be held liable for any such loss.

Cancellation Policy

Kindly note that due to potentially high demand at various times we have put down the following cancellation policy for your attention:

Cancellation has to be given minimum 3 hours prior notice, else 50% of the treatment costs will be charged to your room account

No shows will be charged fully to your room account.

Thank-you for your understanding and compliance,
we hope that your Spa experience will be all you could wish it to be.

